



2 hours Led Ashtanga Primary Series Workshop by Dorothy

The importance of structure and spacial awareness

Dates:

Oct 6, 13, 20 & 27

Nov 3 & 10 / Dec 1, 18, 15, 22 & 29

Time: 10:30 - 12:30

Total cost: 11 Lessons X \$350 = \$3850, Drop in \$400. (For all level)

Non-refundable and non-transferable

Email us at info@yogamala.com.hk for registration