



Friday Fully Counted Ashtanga Vinyasa Yoga Technique workshop by Dorothy Loh.

Every Friday:

Aug 3, 10, 17, 24 & 31

Sept 21 & 28

Oct 5, 12 & 19

Time: 10:30-12:30 (2hrs)

Total: \$3680 (10 lessons)

Drop in: \$450 per session *Max 8 students

Course NOT for beginners