



## **Tai Chi Dance Workshop by Linda Fung**

Nature, with infinite goodness,  
Fills Heaven and Earth with truth;  
The Sun and Moon, residing in the mind,  
Shine rays of virtue.

**The Taichi dance workshop is a simple approach to help lay the foundations for the inheritance of Tai-Chi art and culture.**

Sept: 5, 12, 19, 26

Oct: 10, 17, 24, 31

Time: 1530 - 1700

Workshop cost: \$2000

Drop in: \$300

## About Linda Fung

Born and raised in Hong Kong, Linda started her ballet training at the age of 12 at the Christine Liao Ballet School. She was invited to attend the Royal Ballet School in London by Dame Ninette de Valois during a Master Class at the Royal Academy of Dancing. Upon graduation under the HK Jockey Club Scholarship, she returned to HK in 1983 and joined the HK Ballet Company as a soloist for three years. Meanwhile, she worked in the HK Television Broadcasts as a TV presenter for children and youth programs and was the Youth Ambassador for the United Nations in 1986. In 1987, she received another Jockey Club Music and Dance Fund Scholarship to attend the Juilliard School in New York where she received her Bachelor of Fine Arts Degree.

Upon graduation, she returned to HK and was actively involved with the local dance scene while she was director for her family run business. Linda was the Chairman of the HK Ballet Group and is currently on the Board of Directors of the HK Ballet Company in addition to several local dance and educational institutions.

In 2011, she went to Tian Zhen Yuan 天真園 ( School of Traditional Chinese Culture based on Tai Chi philosophy ) with her son and started studying Tai Chi with Master Xing Qi Lin. Linda is on the Board of Tian Zhen Yuan since 2011 and has been teaching adult tai chi dance and tai chi 13 forms since 2016.

Linda is passionate about sharing her love of dance and tai chi with like -minded people

For registration please send email to [info@yogamala.com.hk](mailto:info@yogamala.com.hk)

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